

# Hazel Cares Wellness Fair

## ***Didn't make it?***

Here's what happened!

On October 27<sup>th</sup>, William A. Hazel, Inc. held its first ever Wellness Fair for its employees. The purpose of the Wellness Fair was three-fold:

**One:** To promote wellness and the concepts of healthier living for all employees

**Two:** To promote products/services available to employees as well as what to expect from our new health insurance carrier (Aetna Innovation Health) beginning January, 1st

**Three:** To celebrate winners of our Hazel Cares Wellness Challenge

At the event we had presentations by Aetna and Fidelity 401k to answer questions and encourage employees to use benefits available to them. We also had CVS on site providing flu shots, GMU Nursing to provide free screenings, representatives from Fairfax County's Community Awareness Board, Delta Dental, Young Living, and Inova Hospital's My Plate program (promoting healthy eating for children). Also, there were visits by Fairfax County Fire and Rescue as well Fairfax County's Community Service Officer Christina Gisek.

## ***And the Winners Are:***

The following won a \$50.00 gift certificate for completing our Wellness Challenge

Marty Keys-Project Analyst  
Kathy Robinson-Engineering  
Thomas Ashbaugh-Blasting  
Al Mack-Field Operations



The drawing for insurance coverage was won by Daniel Martinez!

Congratulations to all our winners and thanks to all our participants, vendors and Wellness/Safety Committee members for a job well done!

What's up for next year? You tell us! Let us know how we can better serve you.