

## Welcome Anthem Members to Blue View Vision

By Julie Bové, Human Resources Manager

**D**id you know that, like your body, your eyes need a regular check-up, even if you don't have any trouble seeing? Not only can an eye doctor prescribe glasses to help you see better, but he can also diagnose other eye conditions like glaucoma, macular degeneration, diabetic retinopathy, conjunctivitis, and cataracts, which can develop early with extended exposure to sun. An eye exam can also find other problems, like diabetes and high blood pressure, stroke, brain tumor, thyroid disease or liver problems.

Many of these conditions, if left untreated, can cause blindness!

In a continuing effort to provide our employees with the resources and benefits needed to maintain a healthy life, Hazel added vision to both our health plans, effective January 1, 2017. For those of you that were under the HRA plan, you were already covered for a portion of your eye exams. Now, both the HRA and PPO cover eye exams, frames, lenses and contacts.

The table below shows a few of the vision care services covered and the amount the member would pay for In-Network Benefits once every calendar year:

Vision Care Service	Member pays
Exam	\$15 Copay
Dilation	\$0
Eye Exam Refraction	\$0
Single, Bi-focal, or Tri-Focal Lens	\$25 Copay
Standard Progressive Lens	\$90 Copay
Frames	80% of Balance over \$130
Contact Lens – Conventional	85% of balance over \$130
Contact Lens – Disposable	Balance over \$130

Out-of- network costs are not very generous, so make sure you go to an in-network provider, whenever possible, to get the maximum benefit from your insurance. To find out if a provider is in-network, you can:

- ask them when you make the appointment, if they accept Blue View Vision
- call the toll free number on the back of your Anthem insurance card (you will **not** get a new card for vision)
- go to Anthem.com, click on 'Vision' under the Benefits tab and follow the prompts

From doing a preliminary search, I can tell you that most common chains are covered, such as LenCrafters, Sears Optical, Target Optical, JC Penney Optical, America's Best, MyEyeDr, as well as many private providers. I cannot find where this insurance is accepted at Costco Wholesale Clubs, Sam's Clubs, BJ's Wholesale Club or Walmart.

For a more comprehensive list on what is covered, how to find a provider, and information on vision wellness, visit [www.Anthem.com](http://www.Anthem.com).